Graduation Requirements

- Meet proficiency on PARCC testing
- Complete 120 credits, including the following classes:

<table>
<thead>
<tr>
<th>Courses</th>
<th>Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td>English</td>
<td>4 years</td>
</tr>
<tr>
<td>World History</td>
<td>1 year</td>
</tr>
<tr>
<td>US History</td>
<td>2 years</td>
</tr>
<tr>
<td>Math</td>
<td>3 years</td>
</tr>
<tr>
<td>Science (w/lab)</td>
<td>3 years</td>
</tr>
<tr>
<td>Phys Ed/Health</td>
<td>4 years</td>
</tr>
<tr>
<td>Foreign Language</td>
<td>1 year</td>
</tr>
<tr>
<td>Fine &amp; Performing Arts</td>
<td>1 year</td>
</tr>
<tr>
<td>21st Century Life &amp; Careers</td>
<td>1 year</td>
</tr>
<tr>
<td>Economics &amp; Financial Literacy</td>
<td>½ year</td>
</tr>
</tbody>
</table>
## Post-Secondary Planning

<table>
<thead>
<tr>
<th>Courses</th>
<th>Two-Year College</th>
<th>Four-Year College</th>
<th>Selective College</th>
<th>Trade School</th>
</tr>
</thead>
<tbody>
<tr>
<td>English</td>
<td>4 years</td>
<td>4 years</td>
<td>4 years</td>
<td>4 years</td>
</tr>
<tr>
<td>Math</td>
<td>3-4 years</td>
<td>3-4 years</td>
<td>*4 years</td>
<td>3-4 years</td>
</tr>
<tr>
<td>Science</td>
<td>3 years</td>
<td>3-4 years</td>
<td>*4 years</td>
<td>3 years</td>
</tr>
<tr>
<td>History</td>
<td>3 years</td>
<td>3-4 years</td>
<td>*3-4 years</td>
<td>3 years</td>
</tr>
<tr>
<td>World Language</td>
<td>1 year</td>
<td>2-4 years</td>
<td>*2-4 years</td>
<td>1 year</td>
</tr>
</tbody>
</table>

*varies depending on school and intended major
• Four year colleges
• Community College
• Vocational & Technical Schools
• Trade Unions
• Military
What is Important to You in a College?

• Important to consider:
  • Majors
  • Acceptance Rates & Admissions Requirements
  • Tuition & Costs
  • Campus activities and sports
  • Location
  • Size

• For help in choosing majors and careers
  • Naviance
    • www.naviance.com
  • Rutgers Online Career Services
    • https://careers.rutgers.edu/page.cfm?section_ID=15&page_id=337
  • Occupational Outlook Handbook
    • http://www.bls.gov/ooh/
The Process

• How to Search for Colleges
  • Naviance
  • Collegeboard.org
  • Princetonreview.com
  • Cappex.com
  • Google
  • College Fairs
• Generate a list of colleges and universities of interest
  • Generate an initial list of schools that match your criteria
• Investigate Schools
  • Attend Campus Tours, Visits and Open Houses
  • School Websites and Virtual Tours
  • Reach out to Admissions Reps
  • Compose a list of questions for Admissions
  • *Sign up for College Rep Visits on Naviance*
Naviance

What is Naviance Student?

- Web-based resource that supports career and college planning
- Specific to South Plainfield’s student population
- If you do not have a parent account registered and would like your code, please see your child’s counselor.
- When you register, set up username and password at https://student.naviance.com/splainfieldhi
How Does Naviance Help?

- Shared resource linking home & school
- Online tool for collaboration among counselors, students & parents
- Accurate, complete records about student choices from our school
- Realistic assessment of your chances of admission at colleges where prior graduates have applied
- Career exploration
- Personality type investigation
- Long and short term goal planning
- Resumé writing
Naviance Welcome Screen

Welcome, Test!

Welcome Message

WELCOME!

This year the South Plainfield High School Guidance Department has upgraded to Naviance Student for the 2018-2019 school year. Naviance Student is the engaging, mobile-responsive replacement for Naviance Family Connection. It is easy to use with familiar layouts and workflows. Naviance Student, just like Family Connection, is accessible to both students and parents. To watch an Overview of Naviance Student,

Read more

Important To-Dos and Tasks

Relax, you have no overdue or upcoming to-dos and tasks. However, you can get ahead by going to My Planner to see what’s next or create a goal or to-do.

Go to My Planner

My Favorites

- COLLEGES
  - I’m thinking about

- COLLEGES
  - I’m applying to

- CAREERS AND CLUSTERS
  - I’m thinking about

What’s New

- Rutgers University-New Brunswick will be visiting your school on Monday, September 24th, 2018 at 10:00 am more info

- Universal Technical Institute of Pennsylvania Inc will be visiting your school on Monday, September 24th, 2018 at 1:36 pm more info
Gather Information from College Profiles

Rutgers University-New Brunswick
Piscataway, NJ, United States
admissions.newbrunswick.rutgers.edu

Overview
Studies
Student Life
Admissions
Costs

AVERAGE NET PRICE
13,845

GRADUATION RATE
80%
Within 6 years

ACCEPTANCE RATE
57%

COLLEGE OVERLAPS
227
Students who apply to this college also applied to these 227 colleges

EARLY ACTION DEADLINE
November 1
See all deadlines

More about Cost & Aid

More about Learning Environment

Check out Scattergrams to see how this relates
*Keep Track of Your Applications*

Colleges I’m applying to

- **Rutgers University-New Brunswick**
  - Type: EA
  - Deadline: November 1
  - Transcripts: requested
  - Office materials: Pending
  - Submission Type: Unknown
  - Application: Edit

- **Seton Hall University**
  - Type: EA
  - Deadline: November 15
  - Transcripts: no request
  - Office materials: Pending
  - Submission Type: Unknown
  - Application: Edit

College that I’m attending:

N/A

Letters of recommendation

Some colleges require letters of recommendation to be submitted with your application. Please visit the letters of recommendation section, accessible from the main colleges page, for more information.
Explore Careers

Civil Engineers

Job Description
Perform engineering duties in planning, designing, and overseeing construction and maintenance of building structures, and facilities, such as roads, railroads, airports, bridges, harbors, channels, dams, irrigation projects, pipelines, power plants, and water and sewage systems.

Interests - Holland Interest Code ICR

Realistic
Realistic occupations frequently involve work activities that include practical, hands-on problems and solutions. They often deal with plants, animals, and real-world materials like wood, tools, and machinery. Many of the occupations require working outside, and do not involve a lot of paperwork or working closely with others.

Investigative
Investigative occupations frequently involve working with ideas, and require an extensive amount of thinking. These occupations can involve searching for facts and figuring out problems mentally.

Conventional
Conventional occupations frequently involve following set procedures and routines. These occupations can include working with data and details more than with ideas. Usually there is a clear line of authority to follow.

Related Occupations
- Agricultural Engineers
- Computer Systems Engineers/Architects
- Electrical Engineers
- Environmental Engineers
- Geospatial Information Scientists and Technologists
- Logistics Engineers
- Mechanical Engineers
- Mining and Geological Engineers, Including Mining Safety Engineers
- Petroleum Engineers
- Validation Engineers

Related Majors
- Civil Engineering, General
- Transportation and Highway Engineering
- Water Resources Engineering
- Civil Engineering, Other
• **Deadlines, deadlines, deadlines**
  • Early Action vs. Early Decision
    • Early Action = Non-Binding
    • Early Decision = Binding
  • Regular Decision
  • Rolling Admissions

• **Completing the application**
  • Online via the individual college/university websites
    • Check if your college accepts the Common Application or Coalition

• **Requesting Letters of Recommendation**

• **College Application Essays**

• **Transcript Release Forms**
  • Student and Parents Signature Required

• **Contact Collegeboard and/or ACT to send test scores**

• **Additional Supplemental Items**
  • Student Resume
  • SAT Subject Tests
  • Honors Programs Applications
  • Additional Essays
• More than 800 colleges accept the Common App
• Check each colleges individual application requirements
  • Some colleges may have additional individualized supplements
• SPHS CEEB CODE: 311400
• Students will need the teachers and counselor email address for recommendations
  • Email addresses available @ www.spboe.org
• Each school will have their own individual application fee
• Save, Save, Save
• Any questions, come to Guidance

The Common App
www.commonapp.org
• **2018-2019 Common Application Essay Prompts**

1. Some students have a background, identity, interest, or talent that is so meaningful they believe their application would be incomplete without it. If this sounds like you, then please share your story.

2. The lessons we take from obstacles we encounter can be fundamental to later success. Recount a time when you faced a challenge, setback, or failure. How did it affect you, and what did you learn from the experience?

3. Reflect on a time when you questioned or challenged a belief or idea. What prompted your thinking? What was the outcome?

4. Describe a problem you've solved or a problem you'd like to solve. It can be an intellectual challenge, a research query, an ethical dilemma - anything that is of personal importance, no matter the scale. Explain its significance to you and what steps you took or could be taken to identify a solution.

5. Discuss an accomplishment, event, or realization that sparked a period of personal growth and a new understanding of yourself or others.

6. Describe a topic, idea, or concept you find so engaging that it makes you lose all track of time. Why does it captivate you? What or who do you turn to when you want to learn more?

• 7. Share an essay on any topic of your choice. It can be one you've already written, one that responds to a different prompt, or one of your own design.

**Specific College Essays**
Check each college/university’s admissions page
• Over 140 colleges and universities accept the Coalition Application
• Check each colleges individual application requirements
  • Some colleges may have additional individualized supplements
• Each school will have their own individual application fee
• Please see your counselor with any questions

Coalition for Access, Affordability, and Success Application

http://www.coalitionforcollegeaccess.org/
The essay prompts for the 2017-19 application years are:

- Tell a story from your life, describing an experience that either demonstrates your character or helped to shape it.
- Describe a time when you made a meaningful contribution to others in which the greater good was your focus. Discuss the challenges and rewards of making your contribution.
- Has there been a time when you’ve had a long-cherished or accepted belief challenged? How did you respond? How did the challenge affect your beliefs?
- What is the hardest part of being a teenager now? What’s the best part? What advice would you give a younger sibling or friend (assuming they would listen to you)?
- Submit an essay on a topic of your choice.
• **Most** colleges and universities require two to three letters of recommendation
  • Two letters from academic teachers, preferably from upperclassmen courses
    • Students are asked to provide a resume to each recommender
  • If applying via the Common Application, you will need a letter of recommendation from your counselor
  • Additional letters of recommendation may come from coaches, advisors, community members, etc.
  • Provide at least 2 weeks notice when requesting letters
  • Most letters will be uploaded to Naviance by your recommenders
  • If your college does not use Naviance, provide teacher with stamped addressed envelopes for each college that requires letters to be mailed
  • *Please remember to thank the teachers for their time*

**Recommendations**
• Seniors are required to submit a *SPHS Guidance Transcript Release Form*, as well as, request their transcript via Naviance

• Transcript Release forms are due 15 days prior to deadline

• **PARENT SIGNATURE REQUIRED ON ALL FORMS**

• Link to Transcript Release Form:
• If you receive Free or Reduced lunch, please see your counselor for:
  • SAT fee waivers
  • ACT fee waivers
  • College application fee waivers
• *IN ORDER TO QUALIFY FOR FEE WAIVERS, YOU MUST APPLY FOR FREE AND REDUCED LUNCH, EVEN IF YOU ARE GOING OUT FOR LUNCH*
SAT Testing: Collegeboard.org
ACT Testing: Actstudent.org

Use the above websites to register for upcoming administration of the test, use practice tests, and send scores to colleges

Things to know:

• SP CEEB Code: 311400
• College Codes will also be needed when registering to send scores.
• *Students must send their own scores through CollegeBoard.* Counselors do not send SAT scores to the colleges.
• Fee waivers are available for both SAT & ACT for students eligible for Free & Reduced Lunch Programs
• Note: Free to send test scores to four colleges *Prior to Testing Date*

SAT & ACT Testing
SAT Subject Testing
# 2019 Testing Dates

<table>
<thead>
<tr>
<th>Next Test Dates</th>
<th>Reg. Deadline</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ACT</strong></td>
<td></td>
</tr>
<tr>
<td>02.09.19</td>
<td>01.11.19</td>
</tr>
<tr>
<td>04.13.19</td>
<td>03.08.19</td>
</tr>
<tr>
<td>06.08.19</td>
<td>05.03.19</td>
</tr>
<tr>
<td><strong>SAT</strong></td>
<td></td>
</tr>
<tr>
<td>03.09.19</td>
<td>02.08.19</td>
</tr>
<tr>
<td>05.04.19</td>
<td>04.05.19</td>
</tr>
<tr>
<td>06.01.19</td>
<td>05.03.19</td>
</tr>
</tbody>
</table>
Students must submit the following documents before we can provide information to colleges:

- Resume (for letters of recommendation)
- Signed Transcript Release Form
• Colleges and universities may offer scholarships based on GPA and SAT/ACT scores
• Starting in mid-October, Seniors can find many scholarships in the SPHS Scholargram, located on Naviance
• The “Local” Scholarship Packet for multiple community organizations ran by SP Educational Foundation usually available Mid-March
• Senior Scholarship Award Night is invite only and usually end of May/beginning of June
• Students may find additional scholarships using websites such as:
  • Naviance
  • www.fastweb.com
  • www.collegeboard.com
  • www.cappex.com
  • www.scholarships.com

SCAM ALERT: If it sounds too good to be true, it probably is...caution your Seniors from providing too much personal and financial information to ANY scholarship application prior to review

Scholarships
Financial Aid applications are completed by Seniors and Parents by using the Free Application for Federal Student Aid (FAFSA)

- To be completed online after October 1st, 2018 for September 2019 enrollment (use 2017 tax information)
- Information Session will be held for Seniors and Parents at SPHS in October

Educational Opportunity Fund

- “…provides financial assistance and support services (e.g. counseling, tutoring, developmental course work) to students from educationally and economically disadvantaged backgrounds who attend institutions of higher education in the State of New Jersey. Undergraduate grants range from $200 annually to $2,500 annually depending on the type of institution and financial need. These grants are renewable based upon continued eligibility.”

NJSTARS

- **NJ STARS is a scholarship program exclusively for New Jersey residents that covers the cost of tuition at New Jersey’s 19 community colleges.**
- Students who graduate in the top 15 percent of their high school class may be eligible.

[www.fafsa.ed.gov](http://www.fafsa.ed.gov)
• **CSS Profile**
  
  - Some schools require additional financial information to be submitted using the CSS Profile
  - Check each college admissions website to determine if your schools require this form
  - This form can be accessed at [https://student.collegeboard.org/css-financial-aid-profile](https://student.collegeboard.org/css-financial-aid-profile)
  - There is a $25 fee to send your PROFILE to one college
  - The fee to send to additional schools is $16 per school

**Financial Aid**
• Register with the National Collegiate Athletic Association @ www.ncaaclearinghouse.net
  • Credit Card needed
  • Additional SPHS Guidance Transcript Release form required
• Students and parents should speak with their Coach and Counselor about schools, scholarship opportunities and selection process
• For more information on selection criteria www.ncaastudent.org/NCAA_Guide.pdf
• **Rutgers Admissions Profile**
  - [https://admissions.rutgers.edu/sites/default/files/media/Documents/1718-0238%20Admissions%20Profile%202018_0726.pdf](https://admissions.rutgers.edu/sites/default/files/media/Documents/1718-0238%20Admissions%20Profile%202018_0726.pdf)
  - Provides average GPA and SAT scores of admitted freshmen for all three campuses and individual schools within a campus

• **Applying to Rutgers**
  - Early Action Deadline: November 1\(^{st}\)
  - Priority Deadline: December 1\(^{st}\)
  - MUST COMPLETE THE **SELF-REPORTED ACADEMIC RECORD** (SRAR)
    • Input your classes, grades, and GPA from each school year
    • You will need a copy of your transcript to do this

Rutgers Admissions

[www.Rutgers.edu](http://www.Rutgers.edu)
• **Application Process**
  - Submit MCC application using the colleges website
  - Pay online application fee or mail in (fee waiver if receive Free or Reduced Lunch)
  - Submit Transcript Release form to Guidance
  - SAT & ACT **not required for admissions** but score will determine need for placement testing
  - No recommendation letters or college essay required
  - Rolling Admissions
    - It is suggested to complete your application in the fall

• **Other Community Colleges in State offer some alternative programs**

**Middlesex County College**
[www.middlesexcc.edu](http://www.middlesexcc.edu)
- Middlesex County Vocational Schools
- Union County Vocational Schools
- Cosmetology Programs
- Private Institutes

Vocational Schools
- Electric
- Plumbing
- HVAC
- Welding
- Brick Layer
- Carpentry
- Mechanic
- Construction
- Cosmetology
- Medical or Dental Assistant

**Technical Careers**

[www.njnextstep.org](http://www.njnextstep.org)
[www.chooseconstruction.org](http://www.chooseconstruction.org)
• Military
  • Army
  • Navy
  • Marines
  • AirForce
  • Coast Guard
  • National Guard

• If interested in joining the military, students must contact a recruiter and take the ASVAB assessment

www.todaysmilitary.com
• Naviance Log in
  • http://connection.naviance.com/splainfieldhi

• Naviance Student Instructions

• College Planning Checklist

• Follow the link below to access information on Financial Aid and Scholarships
Q&A